

2706 Avenue E
Sterling, IL 61081
(815) 625-3858

*“By your side,
our family caring
for you family.”*

Mission

Rock River Hospice & Home affirms life by providing exceptional care and support to those transitioning through serious illness, death and grief.

Look for us on ...



Three Key Hospice Messages

adapted from National Hospice & Palliative Care Organization (NHPCO)

Hospice: It's About How You LIVE

Overarching Message:

All Americans deserve quality care at the end of life – it's a fundamental part of living.

Key Message One:

Hospice Care is the model of high-quality, compassionate care that helps patients and families live as fully as possible.

Supporting Points:

- Hospice cares for more than 1.65 million Americans, and their families, every year—a number that continues to grow.
- The focus is on caring, not curing. Hospice utilizes an interdisciplinary team of health-care professionals and trained volunteers that address symptom control, pain management, and emotional and spiritual support expressly tailored to the patient's needs and wishes.
- Hospice is not “giving up,” nor is it a form of euthanasia or physician assisted suicide.

Key Message Two:

Hospice Provides the Care Americans Have Said They Want.

Supporting Points:

- A Gallup poll reveals that close to nine in ten adults (88%) would prefer to die in their homes, free of pain, surrounded by family and loved ones: Hospice works to make this happen.
- National Hospice and Palliative Care Organization research shows that 94% of

families who had a loved one cared for by hospice rated the care as very good to excellent.

- U.S. Department of Health and Human Services has indicated that expanding the reach of hospice care holds enormous potential benefits for those nearing the end of life, whether they are in nursing homes, their own homes, or in hospitals.



Key Message Three:

Hospice Care is Not Limited to Six-months of Service.

Supporting Points:

- The Medicare Hospice Benefit requires that a terminally-ill patient have a prognosis of six months or less: There is not a six-month limit to hospice care services.
- Hospice eligibility requirements should not be confused with length of service.
- A patient in the final phase of life may receive hospice care for as long as necessary when a physician certifies that he or she continues to meet eligibility requirements.
- Under the Medicare Hospice Benefit, two 90-day periods of care (a total of six months) are followed by an unlimited number of 60-day periods.

Our Rock River Hospice & Home Team

Executive Director Emily Taylor	Tina Miller, CNA Pam Morris, CNA- PRN Cynthia Rodriguez, CNA
Medical Director Dr. Jason Reter, D.O.	Patient Care Coordinator Alison Wittenauer
Nurse Practitioner Cindy Zoeller, ANP	Medical Records Cindy Griffith
Interim Director of Nursing Linda Olds- Steinert	Social Worker Connie DeArvil
Staff Nurses Stacey Byer, RN Stacey Cavanaugh, PRN Vickie Collins, RN Alcie Daniels, RN Corryne Francis, RN Diane Hawkins, PRN Debbie Hodges, RN Katie Miller, RN Tauna Porter, PRN Elizabeth Reed, RN Nelda Straw, RN Lori Todhunter, RN Emily Wagner, PRN	Volunteer Coordinator Stacey Nielsen Bereavement Counselor Cynthia Stringer Chaplain Christina Berry Marketing Director Karen Voss Finance Manager Brenda VanHorn
CNA Amy Anderson, CNA Kalie Conken, CNA-PRN Elvia Estrada, CNA Jana Johnson, CNA Katie Jones, CNA	Receptionist Deb Olalde Housekeeping Ann DeWaele

Tentative Schedule of Activities & Events

February 20, 2018

Rock River Hospice & Home Volunteer Training (lunch provided)

9 a.m.-3 p.m., RRHH, 2706 Ave. E, Sterling

April 8, 2018

Rock River Hospice & Home Eat Wings Raise Funds

Buffalo Wild Wings - Watch for coupon on our Facebook Page and Website

2nd Monday of each month

TIME (Together in Memories)

Noon-1:30 p.m., RRHH office

Grief support group. Open to anyone who has suffered a loss. Feel free to bring your lunch.

For more information on any of the above activities, services or hospice in general, please call (815) 625-3858.

Hospice Care While Living in a Nursing Home

For some patients with a terminal illness, their “home” is in a nursing home. Rock River Hospice & Home can provide hospice care for your qualifying patients at your facility.

In a nursing home setting, hospice helps patients, families, and nursing home staff by providing:

- Regular visits by a hospice Registered Nurse to the nursing home.
- Consultations by a specialized hospice physician as needed.
- Expert management of pain and other symptoms, such as problems breathing or swallowing.
- Education for nursing home staff, patients and families about patients’ condition, symptoms, medications, and how to best care for patients’ medical needs during this phase of their illness.
- Emotional and spiritual support for both the patient and their family during this phase of life. This includes help for the family before and after the patient dies. Bereavement services can also be offered to your staff.
- Provides medications and supplies related to the patient’s terminal illness
- Works with all nursing home staff to provide the best care possible for the patient.

If you have any questions about hospice care at your facility, please contact us at 815-625-3858.



Email Version

If you would prefer to receive an email version of this quarterly newsletter, please send us a note at karen@hospicerockriver.org.

How can RRHH serve your healthcare community better?

Please contact Emily at emily@hospicerockriver.org or by phone at (815) 625-3858.

***Give Hope.
Call Hospice.***

Values

SERVICE ..

Patient/Family Centered Care

EXCELLENCE ..

Exceeding Expectations

PARTNERS ..

Fostering Relationships

STEWARDSHIP ..

Managing Resources

Address Correction:

Notify us of address or name corrections by calling (815) 625-3858 or email: karen@hospicerockriver.org.

Rock River Hospice & Home is an United Way Agency.